Potato Bread



Preparation time: 45 minutes

Rising time: $1\frac{1}{4}$ hours Baking time: 30 minutes Total time: $2\frac{1}{2}$ hours

Ingredients

- 1 boiled potato, peeled (or 1 cup leftover mashed potatoes)
- nearly 1 cup reserve cooking liquid (or 1 cup hot water)
- 1 cup milk
- 3 tablespoons butter
- 1 1/2 teaspoons salt
- 1 tablespoon granulated sugar
- 1 tablespoon dry yeast
- 5 cups bread (white) flour

Directions

- 1. Boil potato until soft. Drain and reserve nearly one cup cooking liquid. Mash the potato in a large bowl.
- Add reserved cooking liquid, butter, salt, and sugar to the bowl. When butter has melted, add milk.
- 3. Add yeast, and set aside until foamy.
- 4. Add flour one cup at a time, stirring or kneading between cups (or use an electric mixer with dough hook) Knead until smooth and glossy, about 7 minutes.
- 5. Transfer to a buttered bowl, cover with plastic wrap, and set aside in warm place to rise about 30 minutes.
- 6. Punch dough down and briefly knead, folding it in half several times to form a loaf shape (you may divide it in half in order to make two smaller loaves). Place dough in a buttered $9 \times 5 \times 3$ inch loaf pan. Cover with plastic, and let rise until doubled, about 45 minutes.
- 7. Preheat oven to 350 degrees F. Bake for about 30 minutes, until bread sounds hollow when tapped. Cool on a rack before cutting and storing.